## PACYP 27

Ymchwiliad i weithgarwch corfforol ymhlith plant a phobl ifanc Inquiry into physical activity of children and young people Ymateb gan Elizabeth Lewis Response from Elizabeth Lewis

## Hello,

I have worked as a nursery nurse for over 30 years and have seen many changes in education. I have had SKIP training and have been using the programme to target small groups of nursery children each half-term for the last two years and also run a class for parents. The children's physical skills have greatly improved and it is one of the best programmes I have ever used to improve children's motor skills and confidence. In my opinion it offers value for money in order for Welsh Government to promote physical exercise and I hope the decision to end the funding of this programme can be looked at and the Welsh Government realise by looking at the results that this is so important for early childhood.

Regards,

Elizabeth Lewis

Pentre'r Graig Primary School, City and County of Swansea.